

## COVID-19 POLICY DOCUMENT

Clients of Body Boost Therapy, should be aware of the following information.  
As a part of your consent for treatment, you are signing to say that you are aware of this policy & agree to follow it.



**BODY BOOST**  
THERAPY

**You agree to inform Body Boost Therapy if you show any of the following symptoms, which could suggest you have Covid-19:**

- Severe breathing difficulties or chest pain
- Difficulty in waking or confusion
- Fever
- Previous symptoms getting worse, eg. Cough.
- Sore throat or runny nose.
- Chills or headache.
- Painful swallowing.
- Muscle & joint ache.
- Fatigue or exhaustion.
- Loss of taste or smell.
- Shortness of breath or difficulty lying down due to chest issues.

**Body Boost Therapy should be made aware if you have:**

- Been in contact with anyone with Covid-19 symptoms.
- Been abroad to any countries in the last month which require a quarantine period.
- Been hospitalised in the last 14 days.
- Performed any tests for Covid-19 in the last 14 days.
- Historically tested positive for Covid-19 or received any Covid-19 vaccinations.

**Please advise Body Boost Therapy if you fall into any of the following categories:**

- A front line worker (NHS, School, etc).
- A carer – home or care home.
- Shielding someone vulnerable.
- Pregnant / Recently given birth.
- Over 70 years old.
- Allergic to any PPE materials.
- Allergic to cleaning products – please specify.
  
- By signing the consent form, in addition to consenting to a treatment, you solemnly and sincerely declare that the information you have provided is true and correct and you make this solemn declaration conscientiously believing the same to be true. If any person should suffer as a result of the information being found to be untrue & false, then you are aware that you can be prosecuted for making a false declaration.
  
- You are aware that whilst your therapist will do everything to ensure your good health, little is known of the effects of Covid-19 & response to massage therapy & thus the risk of contra-actions (side effects) may be increased.
  
- If you test positive for Covid-19 within 7 days of your last appointment you will inform Body Boost Therapy.
  
- You realise that you will need to agree to this information for each treatment, until such time as Covid-19 is no longer managed as a part of a National strategy to reduce prevalence & minimise risk.

- You consent for Body Boost Therapy to share your saved contact details with NHS Track & Trace should it be requested.